

Schools readiness checklist



Down Syndrome
Victoria

Following an extended transition program below is a sample of possible goals and priorities for a Foundation year student.

- To establish a warm working relationship between the student, class teacher and education support personnel
- For the student to be happy coming to and being at school

Developing Independence is the goal for starting school. A student with Down syndrome may need assistance to learn these skills but it's important not to create dependence

- To establish the student's communication mode/s
- To be able to communicate their needs
- To be sensitive to the needs of others
- For the student to be comfortable in their environment
- To greet people and respond to being greeted
- To display appropriate manners
- To compliantly follow daily classroom and school routines
- To happily separate from their parent/s
- To respond to the bell, line up and come in at recess
- To move between classroom activities
- To sit and listening quietly
- To listen to the teacher and respond appropriately
- To stay in their seat / at table when required
- To have the student tackle some work independently
- To comply with requests / instructions
- For the student to willingly start and complete a task
- To establish and hold eye contact when talking to people
- To manage undoing their schoolbag zip
- To manage undoing their lunchbox, drink bottle, glad wrap
- To independently eat & drink (only your own) at appropriate times during the day
- To keep their shoes on
- To be independent with respect to toileting
- To be able to dress themselves, and to keep clothes on
- To interact appropriately with their peers inside and outside
- To develop responsibility for their own belongings

Staff should remember to use first person language ie. child with Down syndrome NOT Down syndrome child

- To respect others belongings
- To respect physical boundaries inside and out
- To be aware of danger
- To turn take / share / play cooperatively
- To follow appropriate behavioral and other rules
- Same rules, expectations, consequences for ALL children
- To remember, retain the rules
- To be able to deal with anger / frustration – where to go, who to tell